

**School Travel Planning:  
Presentation Script for handing out Gr 4-8 Online Family Surveys & Consents**

*\*Video has not been shown\**

Time: 5-10 minutes

Hi everyone!

My name is \_\_\_\_\_ I'm here to talk to you about School Travel Planning because your school is taking part in a School Travel Plan!

Does anyone know what School Travel Planning is?

School Travel Planning promotes a healthy and safe school environment so that more students like you can use active transportation to and from school.

Does anyone know what active transportation is? Active transportation means getting to places by being active, like walking, biking, scootering, etc.

Why do you think it would be a good idea to walk or bike to school or walk to your bus stop? *(Below are possible answers and ways you can elaborate on their answer)*

1. Improves physical and mental health.
  - a. More energy
  - b. Fitness –active transportation makes you more active and less time being sedentary
  - c. Time spent outside is good for your mental and emotional wellbeing
2. Improves traffic and safety around school
  - a. With fewer cars, you may feel safer to walk or wheel to school
3. Improves air quality and improves the environment
  - a. Fewer cars = less air pollution
4. Students arrive to school alert and ready to learn
  - a. By getting active early, you are likely to be more awake
  - b. More oxygen reaches the brain during physical activity
5. Feels more connected to community
  - a. Get to know your neighbourhood better

Now, just out of curiosity:

1. How many of you walk or bike to school most days?
2. How many of you walked or biked to school TODAY?
3. How many of you LIKE to walk or bike to school?
4. What might stop you from walking or biking?

For us to find out how to make your journey to school better, we have a survey that your parents can fill out online. To complete it, they just have to go to the website on this page (point to invitation letter).

This survey will help us find out from your parents:

- What your neighbourhood is like
- Traffic concerns
- What stops you from walking or biking

Your parents need to fill out this survey by: **(FAMILY SURVEY DUE DATE)**

BUT... We also want to hear from you! We aren't the ones living in your neighbourhood. We aren't walking to your school. We want YOU to tell us! Your opinion is very valuable to us because we can't read minds.

If you want to help us out, please have your parents fill out this permission form on the first page of the online parent survey.

If they fill out this permission form by **(FAMILY SURVEY DUE DATE)**, you will be able to fill out your own survey during class time in a couple weeks.

So, how many of you are interested in filling out the survey!

And to test your memories.... What day do your parents need to complete the survey by?

Do you have any questions for me?