

Roles and Responsibilities

Parents are expected to:

- * Ensure children are dressed for the climate
- * Ensure their children are familiar with traffic laws
- * Confirm that a Block Walker is present
- * Ensure children are ready to go at pickup time

Students are expected to:

- * Obey school rules at all times
- * Respect Block Walker Volunteers
- * Respect other students
- * Obey traffic laws
- * Respect all property

DID YOU KNOW THAT THE MAJORITY OF KIDS WHO ARRIVE LATE FOR SCHOOL ARE DRIVEN?



A safer community starts with you!

Create Community Safety

Be a Block Walker



Walk to School with a Walking School Bus

Thank you to our supporters



London
CANADA

active & safe
routes to school



LONDON DISTRICT
Catholic School
BOARD



MIDDLESEX-LONDON
HEALTH
UNIT

Welcome to
www.healthunit.com
519-663-5317
50 King Street, London, ON CANADA
51 Front St. E., Strathroy, ON CANADA



A connected community is a safer community

What is the Walking School Bus Program?

The London Block Parent® Program is excited to support this joint initiative to provide safe, environmentally friendly transportation to and from school. This program utilizes a mobile Block Parent® volunteer (Block Walker) to accompany students to school. This will provide additional supervision and safety for children walking to school. We will also look for new Block Parent® homes or businesses along those routes to increase safety for all walkers any time of the day.

Each school morning, Block Walker volunteers will walk a designated route beginning at a designated time. Students can join the group as they pass by their house or street.

Block Walkers will be wearing easily identifiable vests clearly marked with the Block Parent® logo. All adult Block Walkers are police screened Block Parent® approved volunteers.



Why should my kids join?

Safety:

- Well traveled school routes become supervised.
- Reduced traffic congestion in your neighbourhood and at the school especially during arrival and/or dismissal times.
- Walking to school helps to familiarize children with their community.
- Increased number of Block Parent® homes/businesses on route to school.

Health:

- Exercise in the morning helps kids concentrate in school and in turn achieve better grades.
- Walking with a group lets kids socialize on the way to school and reduces bullying.
- Walking reduces anxiety and stress AND aids families to get children to school on time.
- Exercise helps to improve sleep.
- Walking reduces the risk of Type 2 diabetes.

Community Benefits:

- Improved air quality.
- Reduced traffic noise and pollution.
- More people on the streets brings on a sense of community.
- Help may be available if ever needed!



Why should I get involved?

Get Involved!

- Exercise in the morning gets your day off to a healthy start.
- Perfect for active seniors or Grandparents.
- Walk on days only when you are available.
- You will get to know your neighbours.
- An opportunity to spend more time with your kids/grandkids and know their schoolmates.
- Walking helps manage weight for the whole family.
- Exercise reduces cholesterol.
- You'll be saving money on gas.
- Walking reduces anxiety, stress and isolation.
- Walking reduces the risk of Type 2 diabetes.

**For More Information or to
Become a “Block Walker”**



Contact : 519-661-5855

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www.londonblockparent.ca