

## ASRTS Active School Travel Contest Video Tweet Sheet

### Walking to School Short Story Video

1. **#DYK** walking and wheeling to school or the bus stop are great ways to keep your body and mind healthy! Check out Maham's winning **#AST** story contest submission to learn more. **#elmoasrts @SACTVDSB @TVDSB @OntarioAST** <http://activesaferoutes.ca/mahams-story>
2. Walking and wheeling to school/bus stop and driving to 5 are great ways to get active and be **#ecofriendly**. Check out the 2018/2018 winning **#AST** story contest entry to learn how to be an active traveler. **#elmoasrts** <http://activesaferoutes.ca/mahams-story>
3. **#DYK** active school travel is related to better tests scores and school attendance? Check out **#elmoasrts** winning **#AST** story contest submission to learn more about the benefits of walking or wheeling to school or the bus stop! **#elmoasrts @TVDSB @LDCSB** <http://activesaferoutes.ca/mahams-story>
4. **#elmoasrts** asked students to write stories about why they like to walk or wheel to school or the bus stop. Check out Maham's winning **#AST** story contest submission to learn how to be an active traveler. **#elmoasrts @OntarioAST @SACTVDSB** <http://activesaferoutes.ca/mahams-story>
5. Biking, scootering, or walking to school or your bus stop are great ways to get active and be **#ecofriendly**. Click the link to learn more about active school travel from Maham and her friends **#elmoasrts @MLHealthUnit @SW\_PublicHealth** <http://activesaferoutes.ca/mahams-story>
6. **#DYK** walking or wheeling to school can help your child feel more connected to their community, peers, and nature. Check our Maham's story to learn more about the benefits of active school travel. **#elmoasrts @OntarioAST @mybigyellowbus** <http://activesaferoutes.ca/mahams-story>

### Active School Travel iSpy videos

1. I spy students walking, wheeling, or busing to school. Check out the awesome artwork made by students **@wfwolvestvdsb** and **@PEPanthersLND** in the **#elmoasrts** Active Travel iSpy video. **@TVDSB @LDCSB** <http://activesaferoutes.ca/ispy>
2. Does your child ever get board on their walk, wheel, or bus ride to and from school? Playing games like iSpy is a great way to make the journey fun and help your child feel more connected to their community. **#elmoasrts @GCCCanada @OntarioAST** <http://activesaferoutes.ca/ispy>
3. **#elmoasrts** asked students to draw pictures about why they like to walk or wheel to school or the bus stop. Watch this iSpy video to see the awesome artwork made by students **@wfwolvestvdsb** and **@PEPanthersLND**. **@TVDSB @LDCSB** <http://activesaferoutes.ca/ispy>
4. I spy with my little eye...check out the **#elmoasrts #ASTstorycontest** iSpy video ft. awesome artwork made by students **@wfwolvestvdsb** and **@PEPanthersLND** to learn more about active school travel. **@TVDSB @LDCSB** <http://activesaferoutes.ca/ispy>
5. There is a lot to see when you walk, wheel, or drive to school. Flowers, school buses, stop for pedestrian signs. Check out the iSpy video to learn what students from **@wfwolvestvdsb** and **@PEPanthersLND** see on their way to school. **#elmoasrts @TVDSB** <http://activesaferoutes.ca/ispy>
6. Is your child ready to go on an active school travel adventure? Check out the iSpy video featuring artwork from what students at **@wfwolvestvdsb** and **@PEPanthersLND** to learn more. **#elmoasrts @TVDSB @OntarioAST** <http://activesaferoutes.ca/ispy>